

# Menu 2021

## YBK Cafe'



- Café Style Raisin toast \$ 2.00
- Honey, jam or vegemite toast \$ 1.50
- Pikelets with jam or honey \$ 1.00
- Cheese toast \$ 2.50
- Scrambled eggs on toast \$ 3.00
- Variety of cereals with milk \$ 3.00
- Fruit salad \$ 4.00
- Fruit salad and Greek yoghurt \$ 4.50
- Up&Go \$ 3.00
- Fresh Juices \$ 3.50
- Chia Seed pudding \$ 4.50 **NEW**
- Variety of homemade muffins \$ 2.00

### Coffee for Staff and senior students

Regular \$3.50, Large \$4.00

- Short Black
- Cappuccino
- Macchiato
- Long Black
- Flat White
- Caffe Latte
- Mocha
- Selection of Tea
- Hot Chocolate



## YBK Snacks

### Everyday

- Seasonal fresh fruit \$ 1.50
- Fruit kebab \$ 1.50
- Fresh fruit salad \$ 4.00
- Fruit salad and Greek yoghurt \$ 4.50
- Health pack (carrot, celery, cucumber, ham, cheese and crackers) \$ 4.50
- Cucumber, celery and carrot cups with Hummus \$ 3.50
- Variety of homemade muffins \$ 2.00
- Cheese toastie \$ 2.50
- Pizza bread \$ 2.00
- Greek Yoghurt cups \$ 3.50
- Greek Yoghurt cups with berries \$ 4.00

### OCCASIONAL

- Oven baked hash browns \$ 1.50
- Cheese and bacon bun \$ 3.00
- Garlic Bread \$ 1.00
- Vegie chips (Gluten free) \$ 2.00
- Koala Popcorn Plain \$ 1.50

## Drinks

- Water \$ 2.50
- Sparling Mineral water \$ 3.00
- Glee \$2.50
- Aloe Vera \$ 4.00
- Chill iced tea \$ 4.00
- Plain Milk popper \$ 2.00
- OAK Flavoured milk 300ml \$ 3.00
- OAK Flavoured milk 600ml \$ 4.00
- Flavoured Soy milk \$ 3.00
- Up&Go \$ 3.00
- Fresh Smoothies \$ 4.50

### OCCASIONAL

- Juice poppers 99% fruit juice 250ml \$ 2.50

## Special Diets

### GLUTEN FREE

- Muffins \$ 2.50
- Banana bread \$ 4.50
- Pasta Bolognaise \$ 5.50
- Homemade fried rice with gluten free soy sauce \$ 5.00
- Health pack with gluten free crackers and gluten free Hummus \$ 4.50
- Gluten free burgers \$ 6.00
- Gluten free wraps \$ 7.00
- Gluten free pie \$ 6.00
- Gluten free sausage roll \$ 5.00

### DAIRY FREE

- Soy milk \$ 3.00
- Chia pudding with coconut milk \$ 4.50
- muffins \$2.50
- dairy free breads and spreads available

### Halal

- Halal Pies \$ 5.00
- Halal Sausage rolls \$ 4.00
- Halal Beef burger (beef Patty, tomato and lettuce) \$ 6.00
- Falafel wrap (Falafel, hummus, lettuce, tomato and cucumber) \$ 6.00
- Chicken burger (chicken, lettuce and mayo) \$ 5.00
- Chicken kebab stick \$ 3.00
- Chicken kebab in a wraps \$ 5.00

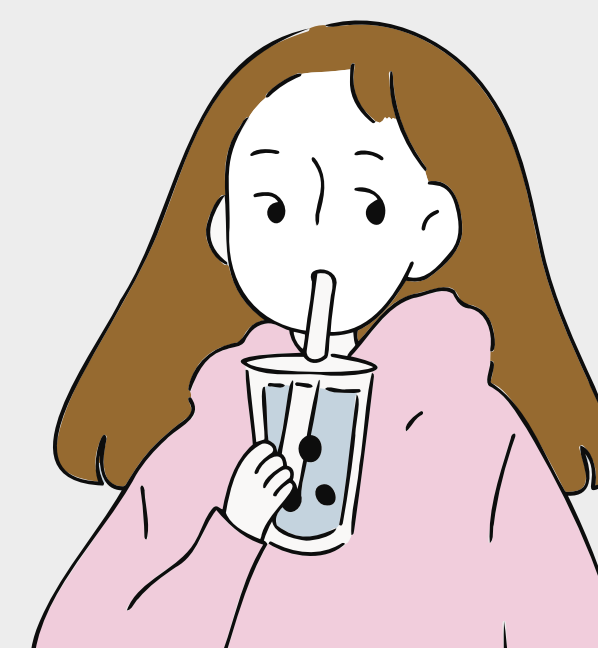
### Everyday

- Juicies \$ 1.20
- Juicie Tubes \$ 1.70
- Ice Mony \$ 1.50

### OCCASIONAL

- Paddlepop \$ 1.70
- Moosies, frozen milk \$ 2.00
- Twisted Yoghurt cups \$ 2.70

## Frozen





# YBK Weekly Meals

## Cold Food

### WRAPS / ROLLS

- Char grilled chicken breast, lettuce, tomato, cucumber and mayo \$ 6.00
- Ham, cheese and Pineapple \$ 6.00
- Tuna, lettuce, tomato and mayo \$ 6.00
- Tandoori wrap (chicken tandoori, carrot, cucumber, lettuce and yoghurt) \$ 6.00
- Falafel with mixed salad, carrots, cucumbers, hummus and Greek yoghurt \$ 6.00
- Salad wrap with mixed salad, tomatoes, carrots, cucumber, beetroot and avocado \$ 6.00
- Homemade Chicken schnitzel, avocado, lettuce and mayo \$ 6.50

### EVERYDAY SANDWICHES

white, wholemeal, multigrain, Helgas low carb and gluten free bread available

- Vegemite or honey \$ 2.50
- Vegemite and light tasty cheese \$ 3.50
- Light Tasty Cheese \$ 3.50
- Chicken, lettuce and mayo \$ 4.00
- Chicken and salad \$ 5.00
- Egg and Lettuce \$ 4.00
- Salad \$ 4.00
- Tuna and mayo \$ 4.00
- Tuna and salad \$ 5.00
- Light Tasty Cheese and tomato \$ 4.00
- Ham \$ 4.00
- Ham and tasty cheese \$ 4.50
- Ham and salad \$ 5.00
- Cheese and salad \$ 5.00
- Ham, tasty Cheese and Tomato \$ 5.00  
(extra fillings \$ 0.50, toasted \$ 1.00, roll \$ 1.00 Turkish bread \$1.00, GF \$1.00)



## Fresh Salads in a bowl

- **Garden** Salad and dressing \$ 4.50
- Grilled chicken and salad \$ 6.50
- Tuna and salad \$ 6.50
- Greek salad small \$ 4.50 / large \$ 6.50
- Lamb salad \$ 6.50
- Vietnamese Salad \$ 6.50
- Pasta salad \$ 4.50
- Mediterranean Bean Salad with feta \$ 4.50
- OCCASIONAL**
- Caesar salad (lettuce, bacon, parmesan and croutons) \$ 5.50  
(with chicken \$1.00 extra)

## Hot Food

- Pasta Bolognese (pasta with Homemade Bolognese sauce) \$ 5.00
- Penne with napoletano sauce (with or without parmesan) Vegetarian \$ 5.00
- Penne with Nut free pesto \$ 5.00
- Chicken kebab stick \$3.00
- Chicken Kebab on wrap with lettuce \$ 5.00
- Chicken Burger (chargrilled chicken breast, lettuce, mayo) \$5.00
- Portuguese chicken burger ( Portuguese chicken, lettuce, mayo,sweet chili sauce) \$ 5.00
- Beef burger (100% beef patty, lettuce, tomato and sauce) \$ 6.00
- Vegetarian Burger (sweet potato and couscous patty or potato patty+ lettuce, tomato and mayo) \$ 6.00
- Soup of the day \$ 4.00

### OCCASIONAL

- Ricotta and Spinach Rolls \$ 4.00
- Timbertown meat pie \$ 4.20
- Timbertown chicken Mornay pie \$ 5.00
- Timbertown sausage roll \$ 3.70
- Gourmet meat pie \$ 4.50
- Pizza Meatlovers (Monday only) \$ 5.00

### MONDAY

#### Pizza Margherita \$ 4.50

(Margherita is with tomato and mozzarella cheese)

Pizza Vegetarian \$ 5.00

Pizza Ham and Pineapple \$ 5.00

Chicken stir fry with veggies and noodles \$ 5.50

### TUESDAY

Sushi (chicken/tuna/vegetarian) \$ 4.00

Edamame Beans \$ 3.50

Homemade Lasagna \$ 5.50

### WEDNESDAY

Beef or vegetarian ravioli \$ 5.00

Fried rice with vegetables \$ 5.00

### THURSDAY

Honey soy wings with rice \$5.50

Pasta Salad of the Day \$ 4.50

### FRIDAY

Sushi (chicken/tuna/vegetarian) \$ 4.00

Edamame Beans \$ 3.50

Homemade butterchicken with rice \$ 5.50

\*Daily specials may change according to season, weather/school events.



**BYO FORK or purchase for 20cents**

